Dieta Inków

W 1995 roku odkryto w Andach zamrożone i dobrze zachowane ciało nastolatki (*Peru's Ice Maiden*) zamordowanej (być może w celach rytualnych) w latach ~1450-1480. Po przebadaniu zawartości żołądka okazało się, że pokarm był wyłącznie roślinny.

„After the CT scans were made, Edward McCarthy and Patricia Charache, pathologists at Johns Hopkins, took a number of needle biopsies – small samples of tissue from different parts of her body, including the stomach and knees. Analysis of the samples allows us to fill in details about her diet and health. 'She ate a meal of vegetables within six to eight hours before dying', says McCarthy, who has asked a forensic expert to identify what vegetables were. Biopsies from her knees indicate that she had the bones of a normal, healthy teenager”. (Johan Reinhard, *Sharp eyes of science probe the Mummies of Peru*, [w:] „*National Geographic*” 1997, vol. 191, p. 39)